## Stitching in November

**Goal**: Knit or Crochet 30 minutes a day on a chemo hat or knocker. Some are also raising funds for the American Cancer Society.

Please consider making a donation.

**Join**: Our friend, Paulette, is leading the charge!

Join her <a href="Ravelry group">Ravelry group</a> for community and accountability!

**Attend**: All Wound Up will hold 3 special fiber socials in November, to support those taking the challenge.

These socials are FREE to attend, and will take place on Tuesdays, from 3-4 pm:

November 12th, 19th, and 26th

**Make:** We encourage you to make Knitted (or crocheted) Knockers and or chemo hats.

Approved Yarn: <u>Bamboo Pop</u> or <u>Scheepjes Organicon</u>
If you use another kind of yarn,
please check the approved yarn list **HERE** first.

## Knitted Knocker Pattern Crochet Knocker Pattern

Chemo hats can be made in any pattern you like, but try to avoid textured stitches.

Drop off finished items at All Wound Up. Please include the ball band from your yarn and do not stuff knockers.

We have yarn for chemo hats available for free upon request!

(in-person only, and while supplies last)